

# Brackenwood Junior School Learning for Life



Headteacher: Mr. C. Holmes MMUS.PGCE.NPOH

16 September 2021

Dear parents and carers,

This year as a Trust, we have purchased a package of support from the ADHD Foundation. As part of this package, we are able to offer parents the opportunity to access online training from the ADHD Foundation. There are three programmes that can be accessed through the training:

## <u>Understanding and supporting my</u> <u>child's ADHD</u>

 $3 \times 1$ hr webinars, with an opportunity for Q&A afterwards.

The breakdown of the sessions are as follows:

- -Neuroscience of ADHD
- -Sleep and Wellbeing with ADHD
- -Stress Response and Self Resilience

### ASD webinars

 $2 \times 1$ hr 15min, with Q&A afterwards

The ASD programme is as follows:

- -Understanding ASD presentations and sensory sensitivities
- -ASD, Co-morbidity and complexity

## <u>Understanding Behaviour</u> webinars

- $2 \times 1$ hr 15min, with Q&A afterwards
- -Functions of behaviour
- -Promoting the behaviour, we would like to see

If you would like access to any of these courses, please contact Mrs Tasker on <a href="mailto:taskerl@brackenwood-junior.wirral.sch.uk">taskerl@brackenwood-junior.wirral.sch.uk</a>, putting "ADHD Parent Courses" in the subject box, and a referral will be placed to the ADHD Foundation. Please ensure I have your most up to date email address so a webinar link can be emailed to you.

Mrs Tasker

Stanton Road Primary School Stanton Road Bebington, Wirral UK CH63 3HW Website: oaktreesmat.co.uk Telephone: 0151 203 0935 Email: admin@oaktreesmat.co.uk

Companies house Number: 1064 1561

#### Our schools

Great Meols Primary School Poulton Lancelyn Primary School Brackenwood Junior School Egremont Primary School Stanton Road Primary School Church Drive Primary School