



16 September 2021

Dear parents and carers,

This year as a Trust, we have purchased a package of support from the ADHD Foundation. As part of this package, we are able to offer parents the opportunity to access online training from the ADHD Foundation. There are three programmes that can be accessed through the training:

Understanding and supporting my child's ADHD

3 x 1hr webinars, with an opportunity for Q&A afterwards.

The breakdown of the sessions are as follows:

- Neuroscience of ADHD
- Sleep and Wellbeing with ADHD
- Stress Response and Self Resilience

ASD webinars

2 x 1hr 15min, with Q&A afterwards

The ASD programme is as follows:

- Understanding ASD presentations and sensory sensitivities
- ASD, Co-morbidity and complexity

Understanding Behaviour webinars

2 x 1hr 15min, with Q&A afterwards

- Functions of behaviour
- Promoting the behaviour, we would like to see

If you would like access to any of these courses, please contact Mrs Tasker on taskerl@brackenwood-junior.wirral.sch.uk, putting "ADHD Parent Courses" in the subject box, and a referral will be placed to the ADHD Foundation. Please ensure I have your most up to date email address so a webinar link can be emailed to you.

Mrs Tasker

Our schools