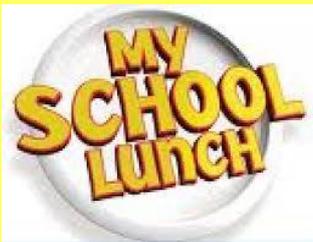


Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pasta Pasta served in a pot with your chosen topping choose from bolognaise, chicken, ham, cheese, and cheese sauce</p>	<p>Pizza Day A selection of homemade pizza, choose from: Cheese & Tomato, Ham & Pineapple or Pepperoni served with pasta spirals</p>	<p>Roast Dinner Choose from roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	<p>Chicken Burger Choose from chicken burger, or a spicy bean burger served in a bun with shredded lettuce with potatoes wedges</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet. All baked in the oven, or you could choose cold meats served with chips</p>
Served with				
Broccoli	Sweetcorn	Carrot & Swede and Cabbage	Corn on the Cobs	Peas
Or				
<p>Jacket potatoes, Panini's served with a side salad are also available daily – chooses from a variety of fillings butter, cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
Or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken breast egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
<p>A selection of homemade bakery or ice cream, mousse, fresh fruit, fruit pots, yogurt cheese and crackers</p>				
<p>And finally, a drink</p>				
<p>A selection of the following drinks will be available daily Freshly made milkshakes - chocolate, strawberry, or banana. Fresh fruit juice – apple orange pineapple cranberry juice water.</p>				

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Spaghetti Bolognese Choose from fresh minced beef or soya mince cooked with onions, garlic, tomatoes, mushrooms, and herbs, served on a bed of spaghetti</p>	<p>Breaded Fishfingers breaded cod fillet fingers or veggie fingers served with diced potatoes</p>	<p>Roast Dinner Choose from roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	<p>Sausage & Mash Choose from a butcher's quality sausage or a Quorn sausage baked in the oven and served on a bed of homemade mashed potato</p>	<p>Fish or Chicken Choose, chicken goujon or breaded cod fillet or simply a salmon fillet, all baked in the oven, or you could choose cold meats served with chips</p>
Served with				
Broccoli	Beans	Carrots And Cauliflower	Peas	Mixed salad/Baked Beans
Or				
<p>Jacket potatoes, Panini's served with a side salad are also available daily – chooses from a variety of fillings butter, cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
Or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken breast, egg, and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
A selection of homemade bakery or ice cream, mousse, fresh fruit, fruit pots, yogurt cheese and crackers				
And finally, a drink				
<p>A selection of the following drinks will be available daily Freshly made milkshakes - chocolate, strawberry, or banana. Fresh fruit juice – apple orange pineapple cranberry juice or water.</p>				

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pizza Day A selection of homemade pizza, choose from: Cheese & Tomato, Ham & Pineapple or Pepperoni served with pasta spirals</p>	<p>Katsu Curry Choose from breaded pieces of chicken or Quorn nuggets baked in the oven and served with a homemade katsu curry sauce on a bed of basmati rice with Naan Bread</p>	<p>Roast Dinner Choose from roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	<p>Burger Day Choose from a fresh butcher's beef burger, chicken fillet burger or a Quorn burger, baked in the oven, and served on a bread bun with salad and a tomato relish, with wedges</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet. All baked in the oven, or you could choose cold meats served with chips</p>
Served with				
Sweetcorn	Broccoli	Carrot & Swede And Cabbage	Mixed salad/Baked Beans	Peas
Or				
<p>Jacket potatoes, Panini's served with a side salad are also available daily – chooses from a variety of fillings butter, cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
Or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken breast, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
A selection of homemade bakery or ice cream, mousse, fresh fruit, fruit pots, yogurt cheese and crackers				
And finally, a drink				
<p>A selection of the following drinks will be available daily Freshly made milkshakes - chocolate, strawberry, or banana. Fresh fruit juice – apple orange pineapple or cranberry juice or water.</p>				