Health Colleagues have provided me with a list of helpful resources to support families during the corona virus Pandemic. Also posted on Local Offer website & Social Media.

* National Autistic Society – guidance and helpline for parents’, young people and staff: [https://www.autism.org.uk/services/nas-schools/vanguard/news/2020/march/coronavirus-(covid-19)-advice.aspx](https://www.autism.org.uk/services/nas-schools/vanguard/news/2020/march/coronavirus-%28covid-19%29-advice.aspx)
* Mencap - Easy Read guide to Coronavirus: <https://www.mencap.org.uk/sites/default/files/2020-03/Information%20about%20Coronavirus%20ER%20SS2.pdf>
* Place2Be – Guide to helping parents answer questions from their children and to support family wellbeing: <https://www.place2be.org.uk/about-us/news-and-blogs/2020/march/coronavirus-information-for-children/>
* Young Minds - Talking to your child about Coronavirus and 10 tips from their Parents Helpline to support family wellbeing: <https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/>
* Carers UK - Guidance for carers: <https://www.carersuk.org/help-and-advice/health/looking-after-your-health/coronavirus-covid-19>
* Covibook – an interactive resource designed to support and reassure children aged 7 and under, designed to help children explain and draw the emotions that they might be experiencing during the pandemic: <https://www.mindheart.co/descargables>
* Amaze - information pack for parents <https://amazesussex.org.uk/faqs-about-the-coronavirus-for-parent-carers-of-children-with-send-brighton-hove/>
* Public Health England have produced an easy read version of their Advice on the coronavirus for places of education.  You can download it here. [here](http://cdc.mobilize.io/links?lid=EYERsmtbJI-rRmEtuCZ4Gg&token=gR9FGelITeTgNoLMFCQdug&url=https%3A%2F%2Feur02.safelinks.protection.outlook.com%2F%3Furl%3Dhttps%253A%252F%252Feasy-read-online.us15.list-manage.com%252Ftrack%252Fclick%253Fu%253D6d563f7f763a0cf7e70c9cfe1%2526id%253D1effe5e60d%2526e%253D1a4a54ea5e%26data%3D02%257C01%257CAAllard%2540ncb.org.uk%257Caf891cc0fed7420ba55608d7ca566849%257Cadc87355e29c4519954f95e35c776178%257C0%257C0%257C637200344772998287%26sdata%3DDH8G1k44HQBwG65sot3pyRMJglcUAc5zawtq4%252FOgtkM%253D%26reserved%3D0)

Useful charities and websites for support:

* Ferries Family Groups: <https://ferriesfamilygroups.org.uk/>
* Wirral 0-19 services (school nurse): <https://www.wchc.nhs.uk/services/wirral-0-19-health-and-wellbeing-service/who-we-are-what-we-do/>
* CAMHS: <https://www.nhs.uk/using-the-nhs/nhs-services/mental-health-services/child-and-adolescent-mental-health-services-camhs/> Advice line: 0151 488 8453
* Out of Hours CAMHS support: <https://www.startingwell.org.uk/topics/support-and-advice/out-of-hours-advice-line-cyp/>

General advice from LA SEND Partnership: <https://localofferwirral.org/looking-after-yourself-looking-after-your-children/>