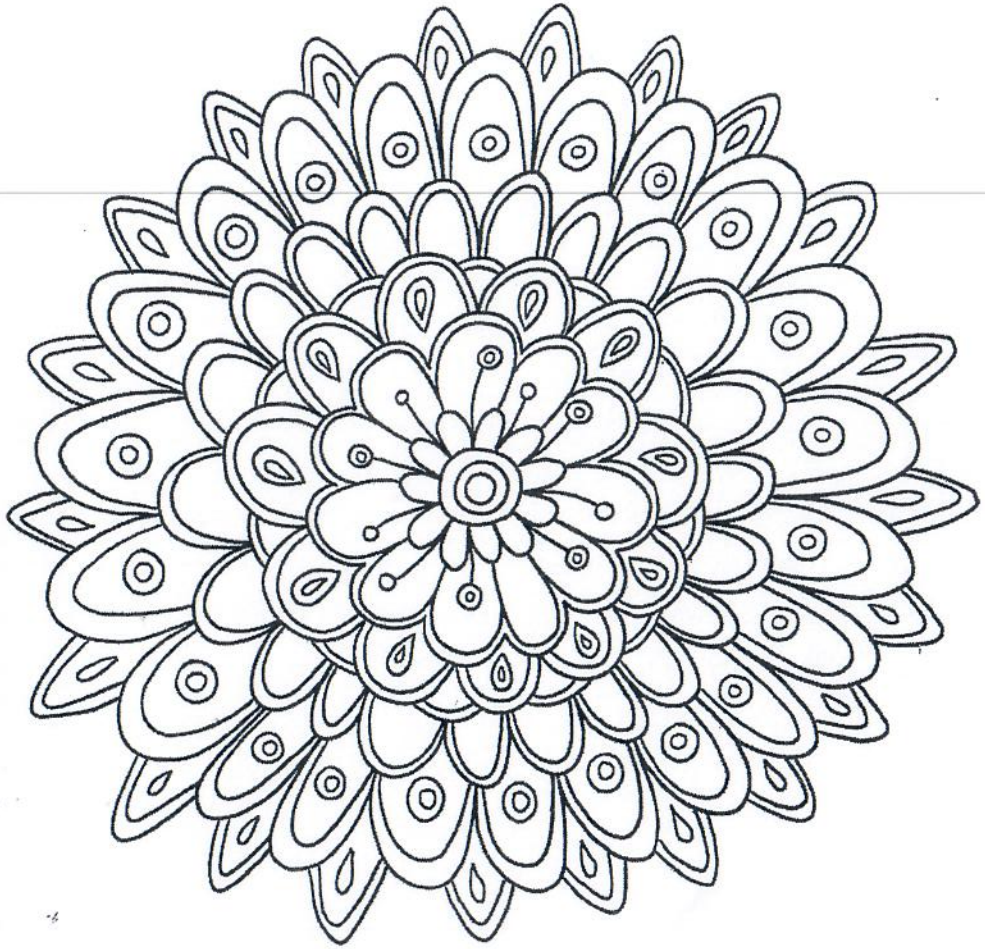
Other activities you might choose

- Keep a diary or a gratitude journal
- Play suitable on line games.
  eg. coding or maths websites
  (topmarks is good website)
- Do the morning challenges. Your parents need to sign up but it's free.
  morningchallenge.co.uk
- Hour of code.
- Read your levelled book and your reading for pleasure/library book.
- Be creative
  - make a model from recycled materials
  - design and make a moving toy
  - paint a picture.

Mindfulness Colouring



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