

KIT LIST (PGL)

Bedding- pillow and sleeping bag (as no bedding is provided by the centre)

3 pairs of trousers please (Essential for activities)

3-4 long sleeved T shirts, 1 sweatshirt (Essential for activities). Football skins are a good layer too if you have them.

2 pairs of trainers (1 old for activities, 1 for leisure). You can bring walking boots if you would rather these for activities.

1 pair of water shoes or pumps for the wet activities

Pyjamas and dressing gown (slippers if used) **Underwear and socks** (including spares)

Toothbrush, toothpaste, soap, shampoo, face cloth, large towel

Deodorant- (NO SPRAYS PLEASE! PGL RULES)

Waterproof outdoor jacket and fleece (Waterproof trousers advised)

Swimming costume (No loose shorts or bikinis)

2 pairs shorts (for leisure time)

2 t shirts

Disposable camera (optional) **Named – Write on a sticking plaster and stick it on (1 with a flash is recommended for use indoors)**

Wristwatch

Torch

BLACK BIN BAG for dirty/wet clothes

Vaseline/lip balm

Named refillable water bottle for use at PGL

Sun cream and hat (weather dependent) Woolly hat and gloves (weather dependant)

Small teddy, book

List of items packed in rucksack/holdall which children can carry/pull themselves

Clothes for activities should not be their best clothes (old, tough and fairly loose clothing is ideal)

ADVISORY- Girls with long hair will need to have it tied back for all the activities. Please ensure your child can do this for themselves and that they have a hairbrush and enough bobbles to do so. Braiding long hair is recommended.

PLEASE NOTE

NO MOBILE PHONES (School will keep Parents updated via Instagram)

NO ALARM CLOCKS- the children will be woken by staff

NO PORTABLE RADIOS/ CD PLAYERS/TVs/MP3s/IPADS/DSIs or anything of any value (Rules set by PGL)

Please ensure that your child's belongings are clearly marked with his/her name and the name of the school (BJS is fine for the school name)